



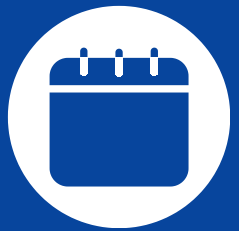
Social Planning Council of Peel

THRIVE: VOLUNTEERS FOR COMMUNITY HARMONY

WORKSHOP SERIES

Join us for an upcoming workshop:

Can You Help Me Be Still? - Supporting Youth Self Regulation



**Saturday
December 6, 2025**



**2:00 PM - 5:00 PM
In Person**



communityharmonyyouth@spcpeel.com



**Sheridan college
7899 McLaughlin Rd, Brampton, ON L6Y 5H9
Room C217 (paralegal Courtroom)**



**Facilitator:
Debashis Dutta**



**Register
Now to
Join!**



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